

Vedic Yoga



Hindu Centre
Jnana • Bhakti • Seva

Instructors' Training Programme



**FREE 6 months
Training!**

**Revolutionize lives
with
Vedic Yoga!**

Dive into the **ancient techniques of Yoga** and realise the divinity within.

Join us as a Yoga Instructor to improve the quality of life of many through meditation, asanas, pranayama and Hinduism, using a unique teaching model developed from Hindu scriptures.

Attend a short briefing for more details:

Date: Saturday, 28 January 2012 OR 4 February 2012

Time: 4.30pm - 6.00pm

Venue: The Hindu Centre, 132 Owen Road

To register your interest to attend the briefing, email:

edu@hinducentre.org.sg or call 6291 8540/ 9457 2684/ 9337 6881.

Volunteer Requirements:

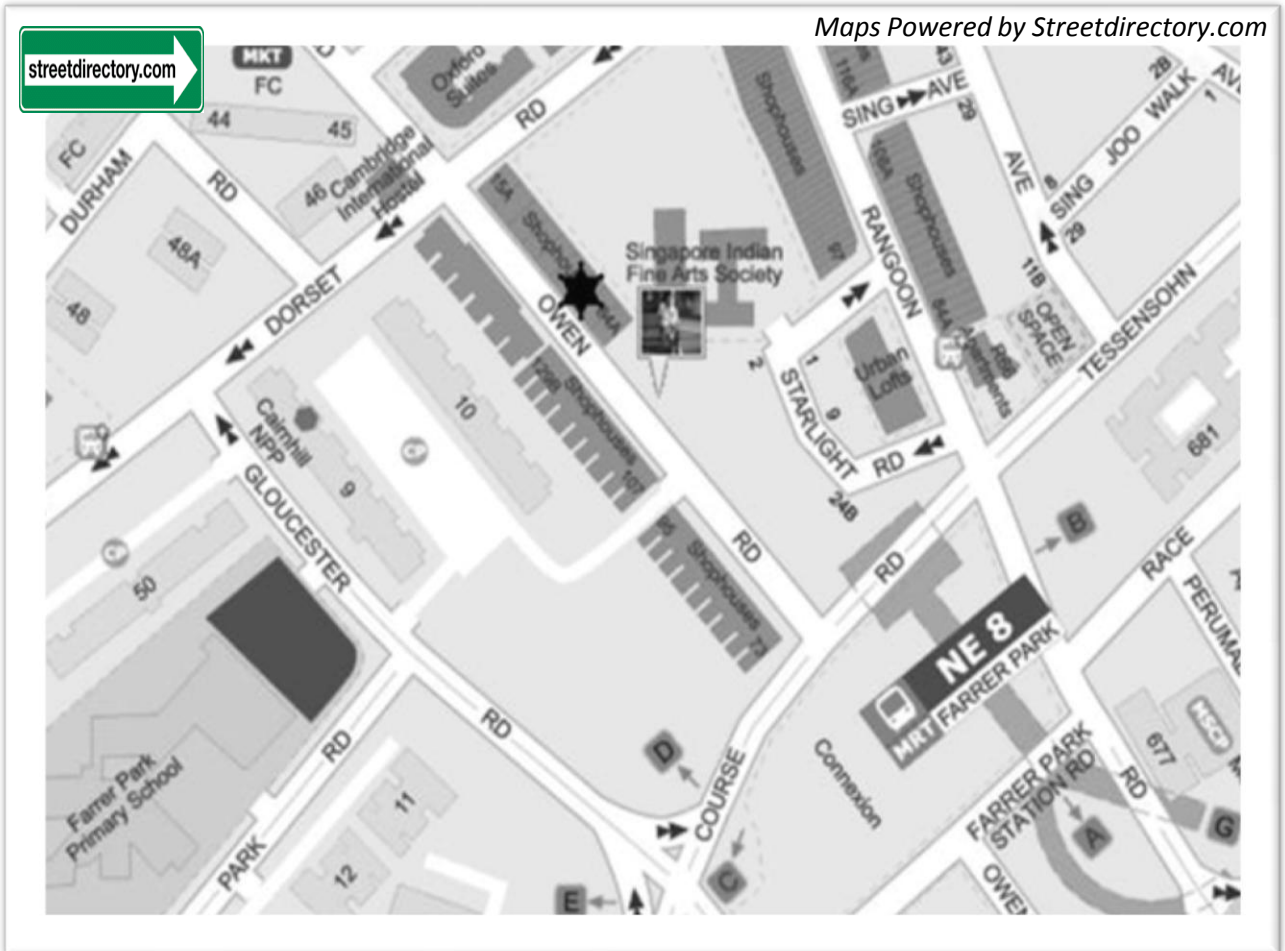
- Must be Singapore Citizens/Singapore PR aged minimum 21 years.
- Able to volunteer 2 hours per week.

Registration Ends 25 January 2012



Visit our website for more details on
upcoming courses and talks

www.hinducentre.org.sg



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*Hindu Centre is an independent society committed to the spiritual progress of
Hindus in Singapore through knowledge, devotion and service.*