



Gaṇeśa pancopacāra



5 Step Puja for Lord Gaṇeśa





A. Preparation of One Self for the Puja

	Chant	Corresponding actions	Explanation
1.	Lighting a lamp		
	dīpajyotiḥ param brahma dīpajyotir janārdanaḥ dīpo me haratu pāpam dīpajyotir namostute	a. Light a lamp b. Offer flowers chanting:	The light of the lamp stands for Brahman, the unmanifest truth as well as for Lord Vishnu (in his manifest form). Let that light of lamp remove my papa, results of omissions and commissions.
2.	Mātṛ pitṛ vandanam		
	mātā piṭṛbhyāṃ vapuśaḥ janakābhyāṃ mudānvaham namaskaromi vijñāna janakābhyāṃ śivāptaye om mātā piṭṛbhyāṃ namo namaḥ	Prostrate in front of your parents.	May my parents, who created this body and given me knowledge, be filled with auspiciousness. My delightful prostration to them
3a.	guru dhyānam		
	gururbrahmā gururviṣṇuḥ gururdevo maheśvaraḥ gurussākṣāt paraṃ brahma tasmai śrigurave namaḥ	Think of your Guru, or the Lord as your Guru and offer salutations while chanting:	Guru is Brahma, Guru is Vishnu, Guru is Maheshvara. Guru is ultimate truth. Unto that guru my prostration.
3b.	ācamanam		
	om acyutāya namaḥ om anantāya namaḥ om govindāya namaḥ	Take a sip of water after chanting each verse	Salutation unto the Lord who is imperishable Salutation unto the Lord who is limitless Salutation unto Lord Govinda



3c.	vighneśvara dhyānam		
	śuklāmbāradharam viṣṇum śaśivarṇam caturbhujam prasannavadanaṁ dhyāyet sarvavighnopaśāntaye	Lightly tap the temples 3 times with the knuckles, chanting the shloka	May one mediate upon Lord Vigneshvara, who wears the white garment, who is all pervasive, who has a bright complexion (like the full moon), who has four hands (representing all power), who has an ever-smiling face (or an elephant face), for the removal of all obstacles.
3d.	prāṇāyāma		
		While closing the right nostril with the right thumb, inhale through left nostril. Hold the breath and then exhale through right nostril.	
4.	saṅkalpaḥ		
	mamopātta-samasta- duritakṣayadvārā śrīparameśvara prītyarthaṁ śrī gaṇeśa pūjāṁ kariṣye	Clasp your right palm over the left palm holding a flower. Place them on your right thigh. Offer the flower at the altar; after chanting	I do the puja to Lord Ganesha to obtain the grace of the lord through the removal of all afflictions resulting from my omissions and commissions.
5	āsana pūjā		
	prṥthvī tvayā dhṛtā lokā devi tvam viṣṇunā dhṛtā tvam ca dhāraya mām devi pavitram kuru cāsanam	Sprinkle water on your seat while chanting:	O Mother Earth, all the worlds are held by you. You are held by Vishnu. May you hold me, O Goddess, and purify my seat.
6.	ghaṇṭā pūjā		
	āgamārthaṁ tu devānām gamanārthaṁ tu rakṣasām kurve ghaṇṭāraṇam tatra devatāhvānalāñchanam	Ring the bell while chanting	For the arrival of the deities and for the departure of destructive forces, I ring the bell, marking the invocation of the deity.
7.	kalaśa pūjā		
	gaṅge ca yamune caiva godāvari sarasvati narmade sindhu kāveri jalesmin sannidhim kuru	Offer flowers in the pancapatram, small pot, which has been filled with water and decorated with sandal paste and vermilion. Cover the pancapatram with the right palm and chant:	O rivers of Ganga, Yamuna, Godavari, Saraswati, Narmada, Sindhu, Kaaveri may you all be present in this water!



B. Puja

1.	gandham and kuṅkumam		
1a.	gandhān dhārayāmi	Offer sandal paste, chanting:	O Lord! I offer you sandal paste.
1b.	gandhasyopari haridrākuṅkumam samarpayāmi	Offer vermilion, chanting:	O Lord! I offer you vermilion over the sandal paste.
2.	puṣpam		
	puṣpa mālikān samarpayāmi puṣpaihi pūjayāmi	Offer flowers chanting:	O Lord! I offer garlands. O Lord! I offer flowers.
3.	dhūpam		
	dhūpam āghrāpayāmi	Ring Bell: Offer incense chanting:	O Lord! I offer you incense.
4.	dīpam		
	dīpaṁ sandarśayāmi	Ring Bell: Offer light chanting:	O Lord! I offer you this light.
	dhūpa dīpānantaram ācamanīyam samarpayāmi	Offer a spoon of water chanting:	O Lord! After dhupa and dipa, I offer you water.
5.	naivedyam		
	amṛtopahāra nivedayāmi	Ring Bell: Offer a spoonful of water and place the flower at the feet of the Lord while chanting:	O Lord! I offer you the food/ fruits.
	tāmbūlam samarpayāmi	Offer a spoonful of water to the deity or picture while chanting:	O lord! I offer you the betel leaves.
	naivedyānantaram ācamanīyam samarpayāmi	Offer a spoon of water, chanting:	O Lord! I offer you water.
6.	To seek forgiveness		
	mantrahīnam kriyāhīnam bhaktihīnam maheśvara yatpūjitaṁ mayā deva paripūrṇam tadastu te		O Lord! May the puja done by me, even though devoid of proper mantras, wanting in the steps and in devotion, be received by you as complete.
7.	Offering		
	kāyena vācā manasendriyairvā buddhyātmanā vā prakṛtesvabhāvāt karomi yadyat sakalam parasmai nārāyaṇāyeti samarpayāmi	Take some water and flower in the right hand and offer it to the deity through the first finger, while chanting. Place the flower at the feet of the Lord.	Unto lord, I dedicate all the acts that I perform with my body, speech, mind, senses and intellect which are born of deliberation or natural tendencies.